



Happy Thanksgiving from FYFB!

It's Thanksgiving weekend, and **we are so thankful for you**, our generous and caring donors, volunteers, clients and staff.

You've helped us do a lot to support the community this year:

- Your donations of food, funds and time have helped us continually provide nourishing food hampers for families, seniors and others in need
- Our community garden flourished—we grew herbs, tomatoes, chard, chamomile, sunflowers, amaranth and more to provide fresh food for our clients
- We supported COVID vaccination uptake in our community—May, Caroline, Maham, Tim and Roberta helped clients schedule an appointment, coordinated transportation, and answered questions about the vaccine

Even with plenty to be thankful for, the economic impact of the pandemic has continued to be deeply challenging for many people in our community. We are currently averaging **1,030 unique clients from 581 households every week**—a 23% increase in unique weekly clients compared to last year.

Food banks are feeding more and more people every month. Your kind support has been essential, but we need your help to keep up with the growing need. There are lots of ways you can support FYFB:

- Become a **monthly donor**—regular support we can count on is so important

- **Make a one-time donation**—you can donate to wherever it's needed most, or direct your donation to a program, such as our Seniors Food Delivery Program or our Hot Meal Service
- Organize a **food drive** to collect donations of non-perishable food items
- Become a food services business partner to donate your end-of-day food

We are so grateful for your support. Simply put, we couldn't provide the vital services we do without your help.

With thanks,

Julie and Devi
Co-Chair, Board of Directors

[Please Donate](#)



Sometime between Friday night and Saturday morning on October 1-2, a brick was thrown through our front window. The cost for a new window and signage was \$3,000 — an expense that would have impacted our services if it wasn't for our incredible community. We put a call out for help on social media, and in less than 24 hours, our supporters had donated enough to cover repair costs. We even had a company offer to replace the window sign for free.

Thank you to everyone who made a donation or offered support in some way. Your generosity is deeply appreciated by everyone at FYFB.

we raised enough to fix the window

thank you

to the community!



Faces of FYFB

Our incredible volunteers keep the Fort York Food Bank running.

We are grateful for their support!

Follow us on [Instagram](#) to see our helpers and supporters in action.



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Our mailing address is:

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