

Help FYFB Feed the Hungry.

This #GivingTuesday, we need your support. Fort York Food Bank has seen a 23% increase in clients in recent months compared to the same period last year, and while we're meeting the need, it's getting more and more difficult every day as food prices rise.

This is a trend seen across Toronto. The Daily Bread Food Bank's Who's Hungry 2021 report revealed there were 1.45 million food bank visits across the city between April 1, 2020 and March 31, 2021 — a number that shattered previous records. Of the food bank users surveyed, 85% said they did not always have enough to eat, and 31% of adults went hungry at least once a week.

Food banks are a lifeline, and it's generous donations from people like you that enable us to provide food to those in need. When you donate to FYFB, you're helping us provide a three-day supply of nutritious foods to over 1,000 clients every week.

We can't do this without you. Over 96% of FYFB's funding comes from private donations.

If you're in a position to give, please support FYFB this #GivingTuesday. Become a monthly supporter, make a one-time donation, or drop off non-perishable food items at 380 College Street.

Together, we can fill hungry bellies.

With heartfelt thanks,

Devi

Chair of the Board of Directors

P.S. You might have noticed the absence of Julie's sign-off on this update. While Julie has decided to step back from serving as co-chair of the Board of Directors, she's still a very active volunteer with FYFB, and we are all so grateful for her continued support. We've also

recently welcomed Camille Jordaan and Jorge Muina to the Board—we'll be featuring them in an upcoming newsletter so you can get to know them better.

Donate Now



Winter has certainly arrived in Toronto, and we've brought back the FYFB Winter Warmth Drive to help keep FYFB clients warm over the next few months.

Here's how it works: anytime this month, we can help you organize a fundraising drive at your place of work with your own unique landing page. All funds will be used to purchase mitts, hats, blankets, winter hygiene kits and extra food.

Last year, \$13,000 was raised for our 1st Annual Winter Warmth Drive—and we're aiming even higher this year, with a goal of hitting \$15,000. Help us keep FYFB clients warm this winter!

If you are interested in creating your personalized campaign, reach out to David dpilchuk@gmail.com to get started today.

Faces of FYFB

20 Years of Volunteering!



Volunteer group coordinator **Margaret Cantwell** has been giving her time to FYFB for an incredible two decades. What brought her to FYFB? Why has she stayed? We caught up with this dedicated member of our team to find out.

How long have you been volunteering at FYFB?

This is my 21st year in community service at FYFB. I just love it! I continue to be amazed by the difference this one agency alone is making, changing the lives of so many clients' families.

How did you get involved with FYFB?

My initial call to FYFB was met with the friendly voice of James Ward, the then-manager. Jim sounded like a person I would like to meet and work alongside as a volunteer.

What do you do at FYFB?

I am engaged in the many events and activities with corporate volunteers, The Rotary Club

member teams, students, lawyers and corrections officers.

Where do you see your volunteer work making the biggest impact?

The large-scale impact comes from forming and maintaining relationships with so many empathetic and compassionate groups of people. Hundreds of students have gone on to successful career choices with recognition of their community service volunteer hours.

Why do you recommend volunteering at FYFB?

I would recommend volunteering at FYFB specifically because you can respond [to need] and learn about kindness. I tell my student volunteers to be more inclusive—to learn to greet others in a more meaningful way.

Where would you like to see additional resources allocated at FYFB?

I have witnessed an amazing growth in communities served by Fort York Food Bank. Additional resources would ensure continuing service to the population at large.



Exciting news coming soon!

We are participating in The Coldest Night of the Year in February 2021.

We'd love for you to join us!

Stay tuned for more information.









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Our mailing address is:

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