



Gong Hei Fat Choy!

Happy Lunar New Year to our clients, volunteers and supporters who celebrate this special day! At FYFB, the festivities started on Saturday, with a special goody bag for clients filled with ginger, garlic, bok choy and clementines. Gatherings may still look a bit different this year, but however you're celebrating, we wish you good health and happiness today and throughout the year ahead.

Help Us Raise Funds to Fight Hunger



Our Coldest Night of the Year fundraiser is off to a fantastic start, with more than \$11,000 raised already! We have 25 days left to reach our \$30,000 goal — and you can help us get there.

If you're not already signed up for CNOY, one of the best ways you can have a big impact is by becoming a team captain. Forming a team takes the power of one fundraiser and turns it into the power of five, 10 or more! There are so many people you could team up with:

- Friends and family
- Sports teammates
- Colleagues
- Neighbours
- Fellow choir members
- Dance classmates
- Book club members
- Gym friends

Think of all the people you only ever see on Zoom — an outdoor fundraiser walk is a safer way for you to connect in person. Once you've got a group together, [head to the CNOY page for FYFB](#), click on “Register to Walk + Fundraise” and set up your team (be sure to choose “start a team” as your registration type). It's that easy!

Whether you're able to start a team of your own, join one of our teams, or make a donation, we are very grateful for your support. It's your generosity that allows us to provide nutritious foods for hundreds of clients every week.

We hope you'll join us for CNOY on February 26.

Happy New Year!

Devi
Chair of the Board of Directors

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THANK YOU

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