



## Thank You to the Colonel Sanders Charitable Trust

We are so grateful for the Colonel Sanders Charitable Trust's **generous gift of \$100,000**, one of the largest single donations FYFB has received to date. As visits have continued to soar month over month at the food bank, and we face higher food purchase costs, this support has been vital in helping us continue to provide nourishing groceries and hot meals for the 3,000 clients who visit us every week.

Thank you to everyone at the Trust for this wonderful gift.

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## **CNOY was a HUGE Success!**

This year, FYFB upped our Coldest Night of the Year fundraising goal to an ambitious \$100,000 — and thanks to you, we did it, **raising an incredible \$104,635!**

CNOY is our major fundraiser, helping to ensure we have the resources to serve the growing number of clients who come through our doors.

We are so grateful for the outpouring of support from our 47 teams and 297 walkers who fundraised up to the very last minute, the many donors and corporate sponsors who gave so generously, and the wonderful volunteers who helped make the walk a success.

We couldn't have reached this important goal without each and every one of you — thank you.



## Special Treats for Ramadan

Over the past month, we have been pleased to offer special goody bags for our Muslim clients as they observe Ramadan, a holy month of fasting.

These goody bags are filled with important foods, including dates, which are traditionally eaten to break the day's fast, as well as wheat flour and basmati rice, staples used in many dishes.

We are so grateful for the support from Najam Iqbal, her family and friends that has allowed us to provide special foods during Ramadan and Eid so our clients can participate in and enjoy special traditions.

### **Eid Mubarak to all who are celebrating!**

With your help, we can expand our offerings year-round to ensure our Muslim clients can access Halal foods and other staples.



[Donate Today](#)

## FYFB Receives Toronto Community Champion Award!

We are honoured that our continuous work has been recognized with the prestigious Toronto Community Champion Award.



This award from the City of Toronto acknowledges the contributions organizations made to support the health and solidarity of residents during the pandemic. As a critical service, FYFB remained open throughout the pandemic, adapting our services as needed to support our clients with safety and compassion.

We introduced delivery to a seniors residence to keep some of our most vulnerable clients safe, provided pre-bagged groceries to limit contact, and supported COVID vaccine uptake by answering questions and helping clients schedule vaccinations and coordinate transportation.

FYFB couldn't have continued to provide our vital services without a lot of help from our amazing volunteers, donors, supporters and community. Thank you to everyone who made our continuous work possible. We share this award with you.



## Remembering Mike Schoonheydt

*October 1960 - December 2022*

For more than 20 years, Mike Schoonheydt was a friendly face at Fort York Food Bank. Our longtime manager until his retirement last year, Mike helped launch and grow FYFB to the important organization it is today, and he was always ready to offer a helping hand. Thank you, Mike, for your dedicated service. Rest in peace, friend.



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380 College Street, Toronto, Ontario, Canada, M5T 1S6

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